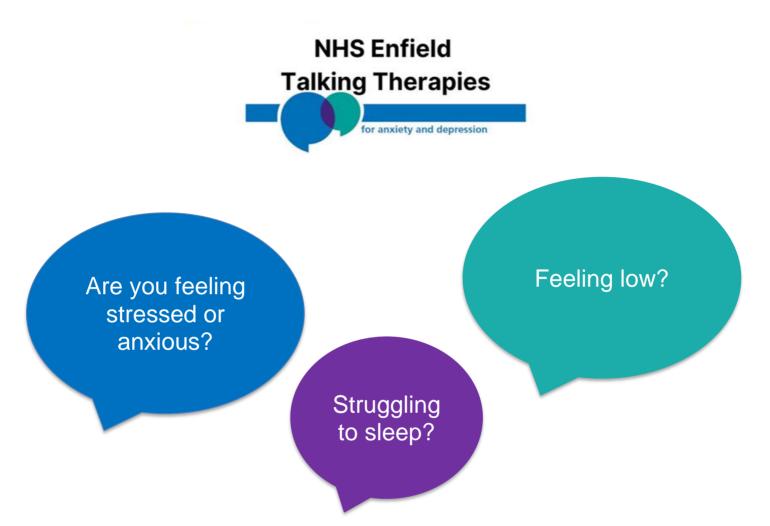




**NHS Foundation Trust** 



NHS Enfield Talking Therapies is a free, confidential, and non-judgmental NHS service that offers psychological treatments.

You do not need to book a GP appointment, you can self-refer by visiting our website:

https://www.barnetandenfieldtalkingtherapies.nhs.uk

Email: beh-tr.enfieldtalkingtherapies@nhs.net

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