



Go to
<https://strengthening-families.net/reducing-parental-conflict/>

STEP 01

STEP 02

Select a course, either:

- parenting and living together
- parenting and living apart



Select a day of the week and
select a time for your group
discussion

STEP 03

STEP 04

Complete your contact
details



Answer a short questionnaire

STEP 05

STEP 06

Click on 'your profile 'and
you can start your course



If you need any help, email us at sfscparent@racefound.org.uk
or call us on 07708360561