

## KS1 Home Learning Timetable

This is a suggested timetable that you can adapt to suit you and your children.

<https://www.express.co.uk/life-style/life/1269525/Homeschooling-how-to-keep-children-motivated-school-lockdown-coronavirus> Here is an article talking about the importance of routine. Remember to make space for free time and relaxation.

Suggested timings	Monday	Tuesday	Wednesday	Thursday	Friday
Activity 1: 30 mins	<p><b>Get moving!</b> Joe Wicks P.E, Andy's Wild Workouts (Cbeebies) or any other exercise. Cosmic Yoga <a href="https://www.youtube.com/watch?v=02E1468SdHg">https://www.youtube.com/watch?v=02E1468SdHg</a></p> 	<p><b>Get moving!</b> Joe Wicks P.E, Andy's Wild Workouts (Cbeebies) or any other workout. Cosmic yoga <a href="https://www.youtube.com/watch?v=LhYtcadR9nw">https://www.youtube.com/watch?v=LhYtcadR9nw</a></p> 	<p><b>Get moving!</b> Joe Wicks P.E, Andy's Wild Workouts (Cbeebies) or any other workout. <a href="https://www.youtube.com/watch?v=KAT5NiWHFIU">https://www.youtube.com/watch?v=KAT5NiWHFIU</a></p> 	<p><b>Get moving!</b> Joe Wicks P.E, Andy's Wild Workouts (Cbeebies) or any other workout. <a href="https://www.youtube.com/watch?v=tbCjkPlsaes">https://www.youtube.com/watch?v=tbCjkPlsaes</a></p> 	<p><b>Get moving!</b> Joe Wicks P.E, Andy's Wild Workouts (Cbeebies) or any other workout. <a href="https://www.youtube.com/watch?v=rnIDBKD2S78">https://www.youtube.com/watch?v=rnIDBKD2S78</a></p> 
Activity 2: 30 mins	<p><b>Watch</b> CBBC Newsround. <b>Write</b> two things that you saw on Newsround. <a href="https://www.bbc.co.uk/newsround">https://www.bbc.co.uk/newsround</a></p> 	<p><b>Watch</b> CBBC Newsround. <b>Write</b> two things that you saw on Newsround. <a href="https://www.bbc.co.uk/newsround">https://www.bbc.co.uk/newsround</a></p> 	<p><b>Watch</b> CBBC Newsround. <b>Write</b> two things that you saw on Newsround. <a href="https://www.bbc.co.uk/newsround">https://www.bbc.co.uk/newsround</a></p> 	<p><b>Watch</b> CBBC Newsround. <b>Write</b> two things that you saw on Newsround. <a href="https://www.bbc.co.uk/newsround">https://www.bbc.co.uk/newsround</a></p> 	<p><b>Watch</b> CBBC Newsround. <b>Write</b> two things that you saw on Newsround. <a href="https://www.bbc.co.uk/newsround">https://www.bbc.co.uk/newsround</a></p> 
Short break: 15 mins	Free Time	Free Time	Free Time	Free Time	Free Time

					
Activity 3: 30 mins	Maths activity on school website. 	Maths activity on school website. 	Maths activity on school website. 	English activity on school website. 	English activity on school website. 
Activity 4: 15 mins	Practice counting in 2s, 5s and 10s 	Practice counting in 2s, 5s and 10s 	Practice counting in 2s, 5s and 10s 	Phonics <a href="https://new.phonicsplay.co.uk/">https://new.phonicsplay.co.uk/</a> 	Phonics <a href="https://new.phonicsplay.co.uk/">https://new.phonicsplay.co.uk/</a> 
Activity 5: 15 mins Log in has been sent in purple mash emails.	Read independently using <b>Scholastic</b> <a href="http://cdn.scholasticlearningzone.com/">http://cdn.scholasticlearningzone.com/</a> 	Read independently using <b>Scholastic</b> <a href="http://cdn.scholasticlearningzone.com/">http://cdn.scholasticlearningzone.com/</a> 	Read independently using <b>Scholastic</b> <a href="http://cdn.scholasticlearningzone.com/">http://cdn.scholasticlearningzone.com/</a> 	Read independently using <b>Scholastic</b> <a href="http://cdn.scholasticlearningzone.com/">http://cdn.scholasticlearningzone.com/</a> 	Read independently using <b>Scholastic</b> <a href="http://cdn.scholasticlearningzone.com/">http://cdn.scholasticlearningzone.com/</a> 
Lunch break: 1 hour	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break
Activity 6: 30 mins	Art activity pack on school website <a href="https://www.stjohnandjames.enfield.sch.uk/">https://www.stjohnandjames.enfield.sch.uk/</a>	Topic activity pack on school website. <a href="https://www.stjohnandjames.enfield.sch.uk/">https://www.stjohnandjames.enfield.sch.uk/</a>	Science on school website <a href="https://www.stjohnandjames.enfield.sch.uk/">https://www.stjohnandjames.enfield.sch.uk/</a>	Log onto <b>Purple Mash</b> <a href="https://www.purplemash.com/sch/stjohnn18">https://www.purplemash.com/sch/stjohnn18</a>	Log onto <b>Purple Mash</b> <a href="https://www.purplemash.com/sch/stjohnn18">https://www.purplemash.com/sch/stjohnn18</a>

					
<p>Activity 7: 30 mins</p>	<p><b>Mathletics</b>  <a href="https://login.mathletics.com/">https://login.mathletics.com/</a></p> 	<p><b>Mathletics</b>  <a href="https://login.mathletics.com/">https://login.mathletics.com/</a></p> 	<p><b>Mathletics</b>  <a href="https://login.mathletics.com/">https://login.mathletics.com/</a></p> 	<p><b>Mathletics</b>  <a href="https://login.mathletics.com/">https://login.mathletics.com/</a></p> 	<p><b>Mathletics</b>  <a href="https://login.mathletics.com/">https://login.mathletics.com/</a></p> 
<p>Activity 8: 15 mins (Can be before bed).</p>	<p>Share a book with an adult</p> 	<p>Share a book with an adult</p> 	<p>Share a book with an adult</p> 	<p>Share a book with an adult</p> 	<p>Share a book with an adult</p> 