

## PHYSICAL EDUCATION & SPORT @ ST JOHN & ST JAMES Policy Statement & Expectations

At John & St James we believe that PE, experienced in a safe and supportive environment is a unique and vital contributor to a pupil's physical development and well being.

We offer a broad and balanced curriculum which helps to build self-confidence in their ability to manage themselves.

All children are entitled to a progressive and comprehensive PE programme.



All children should have a clearly named PE kit at school every day, which is different from the clothes and footwear worn during the remainder of the day.

It should consist of a plain polo shirt (with or without school logo); gold for girls, maroon for boys; maroon shorts (plain with no stripes) and black plimsolls that fit properly, can be properly tied up and are different to shoes worn in school. A school PE sweatshirt, maroon (KS2) and jogging bottoms (maroon or black) can be worn for outdoor activities in cold weather.

No jewellery is to be worn for PE activities. Long hair should also be tied back.

A PE bag, clearly named, should be bought to hold all PE kit.

Polo shirts, shorts and PE bags are sold inexpensively and can be purchased from school.